



## Nudges

“The greatest unfoldment comes not through the books, discourses, or talks that happen on the outer side, in the physical world. The greatest unfoldment happens on the inner planes, in your dream worlds, through your intuition, through nudges . . .”

—Sri Harold Klemp,  
*How to Survive Spiritually in Our Times*, p. 81

## Seminar Preview

Saturday, August 10

Sound of Soul Event  
10:00 a.m.

Creative Arts, Panel Discussion:  
When Outer Events Reflect a Spiritual Lesson  
10:40 a.m.

Rountable Discussions  
11:20 a.m.

Lunch: 12:00–1:30 p.m.

Video, Creative Arts  
1:30 p.m.

Dreams, Waking Dreams, and Nudges: Your  
Source of Everyday Guidance (workshop)  
1:55 p.m.

Panel Discussion:  
Stories of Growing Spiritually Through Dreams,  
Waking Dreams, and Nudges  
3:20 p.m.

Guest Speaker Workshop—Seed of Fortune:  
Applying the ECK-Vidya in Everyday Life  
3:45 p.m.

Group Picture: 5:00 p.m.



Times are approximate and could change at the seminar.

Spiritual Seminar

ECKANKAR Presents:

## Dreams, Waking Dreams, and Nudges: Discover Your Inner Guidance

2019 West Virginia ECK Regional Seminar  
August 10, 2019

Clarion Hotel, 233 Lowe Drive  
Shepherdstown, WV

### Dreams and Waking Dreams

“Everyone knows about sleeping dreams. You go to sleep, something happens, you wake up, and you say, ‘What a dream!’”

A waking dream is different. It’s something that happens in everyday life. It’s a parallel. Something about a common, everyday event that stands out and brings things into focus for you. You say, ‘You know, that answers a question I had.’”

—Sri Harold Klemp,  
*The Road to Spiritual Freedom*, p. 5



Dan Sailer,  
Guest Speaker

Dan read his first Eckankar book as a teenager, so has experienced, since his youth, how the ECK teachings can transform our lives into a daily spiritual adventure. Dan says we need only certain tools, such as the spiritual exercises, to unlock our inner guidance to help us understand our dreams, waking dreams, and nudges. Dan has given talks and workshops on Eckankar internationally and has worked at the Eckankar Spiritual Center. He currently serves as RESA (Regional ECK Spiritual Aide) for Tennessee.



ECKANKAR In  
West Virginia

[EckankarWV.org](http://EckankarWV.org) 888.488.2339

Presented by West Virginia Satsang Society, Inc.,  
A Chartered Affiliate of ECKANKAR

## Seminar Highlights



### Sound of Soul Event

*Welcome to the worlds of HU, an ancient, universal name for God. This sacred word can spiritually uplift people of any religion, culture, or walk of life. It is freely given—a gift beyond measure . . . HU is the Sound of Soul.*

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

### Roundtable Discussions

An ECK roundtable is a small, open discussion on a spiritual topic, facilitated by an ECK Spiritual Aide, a specially trained member of the ECK clergy. Topics: *Spiritual Clues from Dreams • Waking Dreams: The Gift of Divine Messages • An Inner Nudge That Changed My Life • The Knack of Listening to the ECK (Holy Spirit)*

### Workshops

#### Seed of Fortune: Applying the ECK-Vidya in Everyday Life

Discover how waking dreams and Golden-tongued Wisdom can help you find your own inner guidance for every aspect of your life.

#### Dreams, Waking Dreams, and Nudges: Your Source of Everyday Guidance

Understand dreams. Learn to pay attention to waking dreams. Increase your awareness of gentle nudges. Open the window to discovering or enriching your inner guidance.



## Pre-Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \* \_\_\_\_\_

Please print clearly

\*We will email you a confirmation upon receipt of your donation.

Names of additional family members (and age if under 18 years):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**NOTE: No donation is requested for guests (non-members)**

Requested donation for ECK members:

Individual \$30 (\$35 at door) \_\_\_\_\_

Additional family \$10 (\$15 at door) \_\_\_\_\_

Youth (12-17) \$5 (\$10 at door) \_\_\_\_\_

Complementary for under 12 years

**Total Amount Enclosed:** \_\_\_\_\_

Please make check payable to West Virginia Satsang Society

Mail this form with your donation by **July 10** to:

P.O. Box 486, Fairmont, WV 26555-0486

More pre-registration forms available online at

<https://EckankarWV.org/activities/upcoming-seminars/>



**Seminar hotel room block  
cut-off date: Friday, July 26**

**Clarion Hotel  
233 Lowe Drive  
Shepherdstown, WV**

Call Clarion reservations direct at **304-876-7000**  
and request the "Eckankar room rate" (\$104 plus tax)

**Parking is complimentary**